

Notes

CANCELLATION POLICY

We understand that life can be unpredictable however where possible 24hrs notice would be appreciated. In the event that multiple cancellations occur without sufficient notice given a deposit will be required to secure a booking.

Thank you for your understanding.

SPECIAL CONSIDERATIONS

We reserve the right to refuse treatments to people who arrive intoxicated or under the influence of drugs. Any inappropriate behaviour will end your treatment immediately.



skin**body**spa

Spa Treatment Menu

239-241 Main Street Lilydale 3140

9735 0360

info@skinbodyspa.com.au

www.skinbodyspa.com.au

@skinbodyspa

Pro Dermal Peels

A Luxurious facial that will treat your skin. We customized this facial to your skin and your desired results. This 60 min treatment will leave you feeling relaxed and your skin feeling amazing. These are seriously great peels but have to be used within the guidance of a trained professional such as your Skinbodyspa therapist.

Pro Dermal Active

This is a clinical facial that is designed to target specific skin concerns. An Oxygen Enzyme Treatment that aids in Lymphatic drainage and Healthy Micro Biome (friendly bacteria) to the skin, to restore healthy skin function.

Once your skin is stabilised and you are using the O Cosmedics range at home you will be able to step up to more intense peels and also have a double peel with your facial. All under the guidance and recommendation of your Skinbodyspa therapist.

FOR SPECIALS AND PACKAGES PLEASE GO TO
www.skinbodyspa.com.au

skin**body**spa
@skinbodyspa

Body Treatments

Unwind and nourish your skin with a full body exfoliation, masque, exotic scalp treatment and moisture rich lotion.

- Coconut Milk And Honey

Moisturise, soothe, heal and regenerate damaged tissue. This body treatment is more than just an indulgent treat.

- Guava Anti-Aging

An antioxidant packed anti-aging treatment that will restore the appearance of youthful, toned skin.

Duration 60 min	\$140
Option extra: 30 min massage	\$50
60 min massage	\$90

Skin Body Spa Ritual

The ultimate in relaxation. This treatment is absolute pamper heaven beginning with a foot soak and a specialised 60 minute relaxation massage. Followed by a customized facial suited to your personal skin needs and wants. The ultimate finishing touch with an indulgent hot oil scalp treatment. A treatment package specifically designed to enhance the best that Skinbodyspa has to offer.

Duration 2 hours	\$220
------------------	-------

Facials

Express Deep Cleanse \$85
Duration 40min

LED Light Therapy Treatment \$70
Duration 30 min

LED Light Therapy Facial \$110
Duration 45 min

Ginger&Me \$110
Duration 45 min

Ginger&Me Mindfulness \$150
Duration 90 min

O Cosmedics Pro Dermal Peel \$130
Duration 60 min
Inc 1 Peel

O Cosmedics Pro Dermal Active \$220
Oxygen Therapy
Duration 90 min
Inc 1 Peel

Add on:

Peel:	\$20
Extractions :	\$20
Add on LED:	\$40
Scalp Treatment:	\$40

For full description of treatments please go to our website

Massage

Relaxation and Pregnancy massage

Gentle Swedish massage using rhythmic and flowing movements to relieve muscular tension and improve circulation. This massage promotes an overall sense of wellbeing and relaxation.

60 min	\$110
90min	\$150

Hot Stone massage

Heated stones are harmonized in a relaxation body massage to still the mind and soothe the senses. The stones aid in a deeper relaxation as the warmth penetrates the tired and achy muscles

90 min	\$170
--------	-------

Aromatherapy Massage

Next level relaxation, with the use of essential oils this treatment will allow you to leave your troubles behind. Aromatherapy has been used for centuries to help relax, calm and ease tension. We have 3 blends that are sure to relax your body and calm your mind.

Blends to choose from:

- **Balance** – To calm the busy mind. Relieves symptoms of anxiousness and stress.
- **Aroma touch**- A deeper sense of relaxation. Relaxing mind, body and soul
- **Elevation** – A lovely pick me up, giving you boost of energy to get you through.

90 min	\$170 inc. warm foot soak
--------	---------------------------